

At the heart of this training course are **two parts**. The first is a 5-hour **presentation of the fundamentals**, including a mini-brainstorming session before and a mini-quiz after each theme.

The second part consists of **3 exercises** and lasts between 1h30 and 3 hours, depending on the number of participants.

Before you arrive, **a questionnaire** will be sent to you by email to find out why you are taking part and what you expect from the course. These informations will be used for the "participant profile" in Part 2.

When you arrive, we'll give you **a notepad** and **pen** to take notes. Coffee and water are available throughout the day.

Morning | Starting at 8:00am

At the start of the session, you will be provided with a working document, depending on your choice in the questionnaire, in paper or PDF format. This document is a worksheet structured around the training, with space for note taking

Part 1 : Presentation and explanations

Themes sequence









Theme 1: Energies and their colors

Type of energy, colors on the market, production, storage, advantages and disadvantages, challenges, and limitations.

Short break : 15 minutes

Theme 2: Technologies

What are the existing technologies, their global specificities, their differences, advantages and disadvantages.

Lunch break : 1 hour



Afternoon | Starting at 1:00pm

Theme 3: Regulations

Refueling solutions, their regulatory framework, authorizations, and constraints.

Theme 4: Sustainability, a global vision of the value chain

From production to use, solutions to reduce energy consumption, local production in short circuits.

Short break : 15 minutes



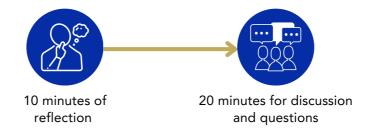




Part 2 : Exchanges and questioning

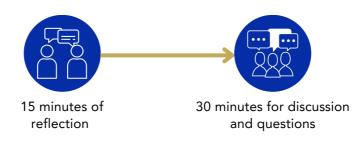
Brainwriting

This exercice is the opportunity to think individually about your own understanding of the session and write down your complementary questions.



Brainstorming

It is proposed to create connections between the participants, allow collective thinking. In addition, it is the perfect time to present your activities and talk about your own background.



Short break : 15 minutes

Exchanges of ideas

The discussion part is the opportunity to ask questions related to your own professional situation. We adapt this part to each participant profile, ensuring that the reasons you came to this training have been addressed. We ask you to complete an online form with your objectives for the session before you arrive.







Fastformknowledge

A final quiz to ensure you have properly understood the fundamentals. We aim to make this pedegogic and enjoyable. The fastest to answer, with the most correct answers wins a prize.



After the training, we will provide you with a recap of the information covered, to have a reminder of what you have learned in the future, a satisfaction questionnaire, as well as a participation certificate.

Yachting and related professionals, hobbyists and students are all welcome !

Within your company

We can carry out the second part of the training according to your subjects, challenges and problems. In this case, we study the profiles of your participants beforehand.





